

Mental Health Resources for Children after a hurricane:

Parent handout related to children after

disasters: http://www.cpeip.fsu.edu/storm/StormresourcesFiles/resourceFile_51.pdf

2 different manuals on working with children after traumatic

events: http://www.cpeip.fsu.edu/storm/StormresourcesFiles/resourceFile_59.pdf

http://www.cpeip.fsu.edu/storm/StormresourcesFiles/resourceFile_60.pdf

Parent guide for helping children after a hurricane:

http://www.cpeip.fsu.edu/storm/StormresourcesFiles/resourceFile_64.pdf

Children's book about being afraid: http://pioproducts.com/wp-content/uploads/2017/04/OnceIWasVeryVeryScared.web_4.pdf

Video of a book from LSU to help prepare children for

hurricanes: <https://www.youtube.com/watch?v=JQZhmEqdwhQ>

Good resources from the National Child Traumatic Stress Network to help parents and families related to coping with trauma:

<http://www.nctsn.org/trauma-types/natural-disasters/hurricanes#tabset-tab-5>